



# Weekly Menu

## Cafe Rowan February 2nd - 6th

### Monday

**entrée:** Balsamic Grilled Chicken Breast

**entrée:** Baked Spaghetti with Meat Sauce

**side items:** Corn on the Cob, Roasted Cauliflower

**side items:** Carrots, Apple Cobbler, Garlic Bread

**exhibition** **Loaded Mac & Cheese Bowl**

**soup:** Italian Wedding Soup, & Soup of the day

### Tuesday

**entrée:** Herb Roasted Pork Loin

**entrée:** Homestyle Beef Stew

**side items:** Roasted Red Potatoes, White Rice

**side items:** Peas

**side items:** Yellow Squash w/ Red Pepper

**exhibition** **Latin Verde Kitchen - Build your own Taco**

**soup:** Southwest Tortilla, & Soup of the Day

### Wednesday

**entrée:** Tempura Sweet and Sour Chicken

**entrée:** Teriyaki Flank Steak

**side items:** Fried Rice, Egg Rolls

**side items:** Sesame Green beans, Broccoli and Carrots

**side items:** Peach Cobbler

**exhibition** **Bread Bowl with Soup**

**soup:** Beef Chili & Soup of the Day

### Thursday

**entrée:** Rotisserie Chicken

**entrée:** Salisbury Steak with Sauteed Onions and Mushrooms

**side items:** Mashed Potato, Macaroni & Cheese, Country Gravy

**side items:** Turnip Greens, Roasted Vegetables

**side items:**

**exhibition** **Shrimp & Grits**

**soup:** Loaded Potato Soup & Soup of the Day

### Friday

**entrée:** Cajun Chicken with Penne Pasta & Alfredo sauce

**entrée:** Blakened Salmon

**side items:** Brown Rice Pilaf, Fresh Broccoli, Garlic Bread

**side items:** Green Beans

**side items:** Cherry Cobbler

**exhibition** **Wings Stop - Drums & Flats**

**soup:** Clam Chowder & Soup of the Day

Cycle 2

### Saturday

entrée

Chef Special

entrée

Chef Special

sides

Chef Special

sides

Chef Special

### Sunday

entrée

Chef Special

entrée

Chef Special

sides

Chef Special

sides

Chef Special

\*Menu is subject to change due to availability.