



Cafe Rowan February 2nd - 6th

Weekly Menu

Monday

entrée: Balsamic Grilled Chicken Breast

entrée: Baked Spaghetti with Meat Sauce

side items: Corn on the Cob, Roasted Cauliflower

side items: Carrots, Apple Cobbler, Garlic Bread

exhibition Loaded Mac & Cheese Bowl

soup: Italian Wedding Soup, & Soup of the day

Tuesday

entrée: Herb Roasted Pork Loin

entrée: Homestyle Beef Stew

side items: Roasted Red Potatoes, White Rice

side items: Peas

side items: Yellow Squash w/ Red Pepper

exhibition Latin Verde Kitchen - Build your own Taco

soup: Southwest Tortilla, & Soup of the Day

Wednesday

entrée: Tempura Sweet and Sour Chicken

entrée: Teriyaki Flank Steak

side items: Fried Rice, Egg Rolls

side items: Sesame Green beans, Broccoli and Carrots

side items: Peach Cobbler

exhibition Bread Bowl with Soup

soup: Beef Chili & Soup of the Day

Thursday

entrée: Rotisserie Chicken

entrée: Salisbury Steak with Sauteed Onions and Mushrooms

side items: Mashed Potato, Macaroni & Cheese, Country Gravy

side items: Turnip Greens, Roasted Vegetables

side items:

exhibition Shrimp & Grits

soup: Loaded Potato Soup & Soup of the Day

Friday

entrée: Cajun Chicken with Penne Pasta & Alfredo sauce

entrée: Blakened Salmon

side items: Brown Rice Pilaf, Fresh Broccoli, Garlic Bread

side items: Green Beans

side items: Cherry Cobbler

exhibition Wings Stop - Drums & Flats

soup: Clam Chowder & Soup of the Day

Cycle 2

Saturday

entrée	Chef Special
entrée	Chef Special
sides	Chef Special
sides	Chef Special

Sunday

entrée	Chef Special
entrée	Chef Special
sides	Chef Special
sides	Chef Special

*Menu is subject to change due to availability.